

Oil of Sage

guaranteed wild

An ancient proverb claims that if sage is consumed every day, the individual shall never grow old. During Medieval times, the English insisted that it was necessary for good health. True or not, sage is one of the most powerful herbal antioxidants known. Researchers determined that when sage is added to food, the shelf life is extended tremendously—even longer than synthetic preservatives. Could this same action occur within humans?

With all the interest in natural antioxidants like vitamin E and pycnogenol, it is revealing that an edible herb—sage—is infinitely more powerful. According to Taintu, sage overpowered virtually every substance tested in halting oxidation of fats. Thus, edible sage oil from the wild spice is the type useful for human health, and this is the type used by North American Herb & Spice.

Sage is also a digestive tonic. It is valuable for a variety of digestive complaints. Plus, it is soothing to the nerves of the digestive tract.

If the nervous system is out of balance, sage is perhaps the ideal tonic. It exerts tremendous calming action upon the nerves. It has an ability to boost mood and stimulate the mind.

Sage is especially valuable as a hormone tonic. It gives great strength to the adrenal glands, which are the glands for controlling energy, the ability to fight stress, and the resistance to disease. In the modern era everyone needs an adrenal tonic. Sage also exerts powerful effects upon the sex hormone system and is an immense aphrodisiac, both internally and externally.

What's more, sage is a beauty aid. Since ancient times it has been used to reverse greying of the hair. Use it as a scalp/hair conditioner. Add it to facial tonics to greatly improve the tone/beauty of the skin. Sage is an astringent when applied to the skin, meaning it is a drying agent, counteracting excessive oiliness, scaling, and perspiration. However, since our Oil of Sage is emulsified in extra virgin olive oil, it can be used on scaly and/or dry skin. For excessive greying, use internally as well as externally.

Note: DO NOT use commercial or aromatherapy sage oil. It may be high in thujone, which is potentially toxic. Don't use any type of sage oil if pregnant or nursing. It tends to slow milk production.

HOW TO USE OIL OF SAGE: It is entirely safe for **internal** use when taken in moderation (3 to 10 drops twice daily). It can be freely used **topically** on wounds, cuts, abrasions, skin irritations, burns, warts, etc. It makes an excellent **gargle** for sore throats and can be applied to canker sores and cold sores as often as needed.

Note: see your physician first. Product is not designed to cure any condition.